

Women's Collegiate Match Race and Clinic

Rollins College at the Harold Alford Boathouse on Lake Virginia, Winter Park, Florida USA January, 17th – 19th 2009. Match Racing in Keelboats with Spinnaker and Crew of 3 (including skipper).

Notice of Race

1 ORGANIZING AUTHORITY

The Organizing Authority (OA) is Lake Baldwin Florida Community Sailing LLC. This event is classified by the Intercollegiate Sailing Association as a Promotional Regatta and is to be conducted in accordance with the ICSA Procedural Rules.

2 VENUE

The venue will be Lake Virginia in Winter Park, Florida USA. All sailing activity will be based at the Harold Alford Boathouse located on the Rollins College Campus at 1000 Holt Avenue Winter Park, FL. (This is a venue address only – NOT the contact address for event information). Winter Park is located adjacent to Orlando in Central Florida. Racing will be conducted on the waters of Lake Virginia adjacent to the venue. See www.rollins.edu for campus details.

3 EVENT GRADING

The event is an International Sailing Federation (ISAF) Grade 5 Women's event. This grading is subject to review by the ISAF Match Race Advisory Board. The event may be re-graded or un-graded. This event is conducted to promote Women's Match Racing on the collegiate level. ISAF women's match racing points are to be awarded to each skipper based on their finish position in this regatta.

4 PROVISIONAL PROGRAM (subject to change)

- (a) Register through North U prior to January 1st 2009.
- (b) Clinic and Practice Match Race – 09:00- 6:30 hrs. Saturday, January 17th 2009.
- (c) Match Race Regatta – Skipper's Meeting Sunday, January 18th 2009, 9:00 hrs.
- (f) Match Race Regatta – First Race Sunday, January 18th 2009, 10:00 hrs.
- (g) Match Race Regatta - First Race Monday, January 19th, 2009, 10.00 hrs.
- (g) Match Race Regatta - Final Race Monday, January 19th 2009, no later than 2:00 hrs.

5 SKIPPERS ELIGIBILITY

- (a) Six (6) skippers will compete. Only women skippers and women crew currently enrolled in an undergraduate college sailing program can register.
- (b) The registered skipper shall helm the boat at all times while racing, except in an emergency.
- (c) All skippers shall obtain an ISAF Sailor ID at no charge by registering online at www.sailing.org/isafsailor. Skippers shall inform NorthU of their Sailor ID at registration.

6 ENTRIES

- 6.1 Registration: The skipper and crew shall be entered on completion of registration, and the payment of the entry fee.

- 6.2 Entry Fee: A non-refundable entry fee of \$100.00 (US) shall be paid at registration for each skipper and each crew member. To ensure a skipper position the skipper and crew must register as a designate team. Skippers and crew can register at North U separately and crew members are not required to be from the same college as the skipper. Please note that Grade 5 ISAF Women's match racing points are awarded to each of the skippers based on their finish. Crew members are not awarded points.

The entry fee is distributed as follows: \$100.00 (US) is for professional coaching and race management by North U. Breakfast and Lunch is available at the cost of \$45.00 (US) for three days sport breakfast and three days sport lunches served at the boathouse. Food cost is optional and can be paid online to North U at registration or at the event. Skipper and crew shall register on line at www.northu.com on the match racing clinic pages.

- 6.2 Insurance: There are no boat damage deposit or skipper insurance requirements for this promotional collegiate event.

7 RULES

The event will be governed by the rules as defined in the 2009-2012 Racing Rules of Sailing & Appendix C - Match Racing Rules. See www.sailing.org for details.

The event will also be governed by the 2005-2008 ICSA Procedural Rules (as of 8/07) See www.collegesailing.org for details.

The event will be umpired as detailed in the ISAF (International Sailing Federation) Umpires and Match Racing Manual (Edition 6/05) and the Call Book for Match Racing for 2005 – 2008 (Updated January 2007) See www.sailing.org as above.

8 BOATS AND SAILS

- (a) The event will be sailed in Geary 18 match racing keelboats. See www.ussailing.net/LBCS for boat details.
- (b) 6 skippers will be supplied boats.
- (c) Each boat will have Mainsail, Jib and Spinnaker
- (d) The regatta will be sailed with spinnakers in winds below 20 knots.

9 CREW (INCLUDING SKIPPER)

- (a) The number of crew (including skipper) shall be three (3). All registered crew shall be female and sail all races.
- (b) When a registered skipper is unable to continue in the event the OA may authorize an original crew member to substitute.
- (c) When a registered crew member is unable to continue in the event the OA may authorize a substitute, a temporary substitute or other adjustment
- (d) The maximum total crew weight (including skipper) determined prior to racing shall be 204 Kg (450 pounds) when wearing at least shorts and shirts.

10 EVENT FORMAT

- (a) The event will consist of the following stages:
 - Stage 1: Double Round Robin.
 - Stage 2: Semi-Final Round.
 - Stage 3: Final/Petit-Final Round.
- (b) The OA may change the format, terminate or eliminate any round, when conditions do not permit the completion of the intended format.

11 COURSE

- (a) The course will be windward/leeward/windward/leeward with starboard rounding, finishing downwind. The course may be shorted to windward/leeward by signal from the RC prior to the warning signal for each race
- (b) The intended course area will be in the vicinity of Rollins College on Lake Virginia.

12 ADVERTISING

- (a) Advertising is allowed in this event that is within the guidelines of ICSA rules.
- (b) Teams will be identified by the skippers name and college.

13 DISCLAIMER

All those taking part in this event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury, or inconvenience incurred, howsoever caused. Match racing is a discipline not a boat. Boats are full displacement evenly matched stable keelboats that serve as a platform to learn tactics and boat handling skills from professional match racing coaches that will form a foundation for success in the match racing game.

14 PROMOTIONAL EVENT

This event is an ICSA Promotional event to promote women's collegiate match racing events in this and other countries. If you are a woman collegiate sailor and would like to enter this event, consult your college coach, form a women's match racing team, then register. This event is week 1 of the 2009 college sailing calendar. The weekend of the event, January 17th – 19th is the Martin Luther King holiday weekend.

15 UMPIRES AND COACHES

Umpires and those interested in on the water umpiring time are invited to attend. A very informal umpire clinic for college coaches and others will be conducted during this event. Sport breakfast and lunch will be available for \$15.00 per day. Please contact www.northu.com to register at no cost as a coach or umpire.

16 INVITATIONS

Register early as there are only 6 team positions available. Register online at www.northu.com and go to the match racing clinics section for additional details.

17 CONTACTS

Francine Wainer – E-mail Francine@northu.northsails.com
Bill Gladstone - E-mail bill@northu.northsails.com
Phone 800-347-2457
Fax 203 245-0472

18 ONLINE RESOURCES

Women's International Match Racing Association www.wimra.org

Date of Issue:

Revision 1, October 20, 2008